



Felician Village

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FOR IMMEDIATE RELEASE

Felician Village offers therapeutic touch class

MANITOWOC, Wis. (March 5, 2019) - Felician Village will host a free caregiver class as part of its Caregiver College, *Therapeutic Touch*, on Tuesday, March 19 at 2 p.m. in the Village Hall at Felician Village, 1635 S. 21st Street, Manitowoc.

Massage and touch effectively reduce anxiety, agitation and depression. Leah Strutz, LMT, of *Take Time Therapeutic Massage*, will discuss:

- What is positive touch and why is it important?
- What are the health benefits of positive touch?
- Learn techniques to provide positive touch that benefit both the caregiver and care receiver?

To register, call 920-684-7171 ext. 329 or email, fvmarketing@felicianvillage.org.

This class is being offered as part of several caregiver classes for the community throughout the upcoming year. “Caregiver College” will help caregivers enhance their skills and knowledge of caring for a loved one with Alzheimer’s disease. For a complete list of 2019 classes, please visit www.felicianvillage.org.

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About Felician Village

Felician Village, a continuing care campus, has been providing housing and services for seniors through rehabilitation, independent living, assisted living and long-term care for more than 130 years. Felician Village is a Catholic organization that welcomes people from all faiths.

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