

**Week 4  
Regular**

**St. Mary's at Felician Village  
SMH FW 17/18**

**Week at a Glance**

<b>Sunday</b> 22	<b>Monday</b> 23	<b>Tuesday</b> 24	<b>Wednesday</b> 25	<b>Thursday</b> 26	<b>Friday</b> 27	<b>Saturday</b> 28
Oct-22	Oct-23	Oct-24	Oct-25	Oct-26	Oct-27	Oct-28
<b>BREAKFAST</b>						
ORANGE JUICE RAISIN BRAN SCRAMBLED EGGS RANCHERO RAISIN TOAST APPLESAUCE COFFEE MILK	ORANGE JUICE BACON CHEERIOS Hard Boiled Egg COFFEE MILK	ORANGE JUICE CRISPY RICE CEREAL BAKED EGGS WITH CHEESE BREAKFAST POTATOES FRESH GRAPES COFFEE MILK	ORANGE JUICE RAISIN BRAN CONFETTI EGGS DONUT FRESH BANANA COFFEE MILK	ORANGE JUICE CHEERIOS SAUSAGE PATTY PANCAKES MAPLE APPLE TOPPING COFFEE MILK	ORANGE JUICE CRISPY RICE CEREAL SCRAMBLED EGG CASSEROLE WHITE TOAST COFFEE MILK	ORANGE JUICE RAISIN BRAN SCRAMBLED EGGS BREAKFAST POTATOES CHILLED PEARS COFFEE MILK
<b>Alternates</b>						
GRITS OR CREAM OF WHEAT Hard Boiled Egg POTATOES O'BRIEN	OATMEAL SCRAMBLED EGGS HASHBROWN POTATOES	GRITS OR CREAM OF WHEAT Hard Boiled Egg	OATMEAL Hard Boiled Egg BREAKFAST POTATOES	GRITS OR CREAM OF WHEAT SCRAMBLED EGGS HASHBROWN POTATOES	OATMEAL Hard Boiled Egg POTATOES O'BRIEN	GRITS OR CREAM OF WHEAT Hard Boiled Egg
<b>LUNCH</b>						
RING BOLOGNA HASHBROWN POTATOES GREEN & GOLD BEANS FRUIT SALAD APPLE JUICE COFFEE MILK	BAKED GLAZED HAM MASHED SWEET POTATOES SEASONED ASPARAGUS PEACH PIE CRANBERRY JUICE COFFEE MILK	MEATLOAF BREAD STUFFING BROCCOLI AND CAULIFLOWER WHITE LAYER CAKE APPLE JUICE COFFEE MILK	PORK ROAST PARSLIED RED POTATOES GARDEN BLEND VEGETABLES BUTTERSCOTCH PUDDING PARFAIT CRANBERRY JUICE COFFEE MILK	SAVORY ROASTED CHICKEN MASHED POTATOES/GRAVY ROASTED WINTER SQUASH FROSTED CHOCOLATE CAKE APPLE JUICE COFFEE MILK	BOILED CORNED BEEF DINNER STEAMED CABBAGE BOILED POTATOES BABY CARROTS APPLE PIE CRANBERRY JUICE COFFEE MILK	COUNTRY STYLE RIBS BAKED SWEET POTATO WEDGES CORN O'BRIEN W/BACON PEANUT BUTTER CHOC BAR APPLE JUICE COFFEE MILK
<b>Alternates</b>						
BEEF POT ROAST PASTA PEAS AND CARROTS	CHICKEN STIR FRY STEAMED RICE JAPANESE VEGETABLES	BAKED HADDOCK QUINOA PILAF FRESH ZUCCHINI	CHICKEN AND PASTA ALFREDO ITALIAN VEGETABLES	BEEF STROGANOFF NOODLES BRUSSELS SPROUTS	BAKED SALMON DIJON DILL SAUCE RICE PILAF GARDEN BLEND VEGETABLES	LIVER AND ONIONS MASHED POTATOES/GRAVY DICED BEETS
<b>DINNER</b>						
BROCCOLI CHEESE SOUP TUNA NOODLE CASSEROLE FIVE WAY MIXED VEGETABLES EMERALD PEARS COFFEE MILK	CHICKEN VEGETABLE SOUP HOT TURKEY SANDWICH W/GRAVY GERMAN POTATO SALAD TROPICAL FRUIT COFFEE MILK	MEDITERRANEAN VEGETABLE SOUP CORNED BEEF & SWISS ON RYE DICED BEETS CREAMY FRUIT SALAD VEGETABLE JUICE COFFEE MILK	CREAM OF POTATO SOUP BEEF CHEDDAR SANDWICH CARROT RAISIN SALAD CHILLED PEACHES LETTUCE AND TOMATO COFFEE MILK	TOMATO BASIL SOUP SLOPPY JOE WHOLE WHEAT HAMBURGER BUN CORN FRUIT TART COFFEE MILK	CREAM OF SPINACH SOUP CRAB SALAD CROISSANT MARINATED GREEN BEANS BANANA CREAM PUDDING COFFEE MILK	CHILI CHICKEN FILET SANDWICH COLE SLAW COTTAGE CHEESE W/FRUIT COFFEE MILK
<b>Alternates</b>						
CHICKEN SALAD CROISSANT	HAM SALAD SANDWICH	VEGETABLE PIZZA	MACARONI CHEESE & HAM	TURKEY & CHEESE SANDWICH	TACO CASSEROLE	SWISS MUSHROOM BURGER