

Week 1 Day 1

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>BREAKFAST</b>													
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP
SAUS GRVY	1/2 CUP	SAUS GRVY GR	1/2 CUP	CREAM GRAVY	2 OZ	SAUS GRVY	1/2 CUP	SCRMBLE EGG	1/4 CUP	SAUS GRVY	1/2 CUP	CREAM GRAVY	2 OZ
BTRMILK BSCT	1 EACH	BTM BSCT/MRG	1 EACH	BTRMLK BIS PU	#12 SCOOP	BTRMILK BSCT	1 EACH	BREAD	1 SLICE	BTRMILK BSCT	1 EACH	BTRMILK BSCT	1 EACH
FRESH FRUIT	1 EACH	FRESH FRUIT	1 EACH	FRESH FRUIT	1 EACH	FRESH FRUIT	1 EACH	FRESH FRUIT	1 EACH	FRESH FRUIT	1 EACH	FRESH FRUIT	1 EACH
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL PU	#8 SCOOP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP
FRUIT YOGURT	1/2 CUP	FRUIT YOGURT	1/2 CUP	FRT YOGT PU	#8 SCOOP	FRUIT YOGURT	1/2 CUP	FRUIT YOGURT	1/2 CUP	FRUIT YOGURT	1/2 CUP	STRWBERRIES	1/2 CUP
WHEAT TOAST	1 SLICE	WHE BRD/MARG	1 SLICE	WHEAT BRD PU	#16 SCOOP	WHEAT TOAST	1 SLICE	WHITE TOAST	1 SLICE	WHEAT TOAST	1 SLICE	WHEAT TOAST	1 SLICE
<b>LUNCH</b>													
BAKED CHKN	3 OZ	BKD CHKN GR	3 OZ	BKD CHKN PU	#8 SCOOP	BAKED CHKN	3 OZ	BAKED CHKN	3 OZ	BAKED CHKN	3 OZ	BAKED CHKN	3 OZ
BRD STUF	1/2 CUP	BRD STUF	1/2 CUP	BRD STUF PU	#8 SCOOP	BRD STUF	1/2 CUP	BUTRD PASTA	1/2 CUP	BRD STUF	1/2 CUP	BREAD SLICE	1 SLICE
BABY CARROTS	1/2 CUP	BABY CARROTS	1/2 CUP	BABY CRTS PU	#16 SCOOP	BABY CARROTS	1/2 CUP	BABY CARROTS	1/2 CUP	BABY CARROTS	1/2 CUP	BABY CARROTS	1/2 CUP
LEM MER PIE	1 SLICE	LEM MER PIE	1 SLICE	LM MER PI PU	#10 SCOOP	LEM MER PIE	1/2 SLICE	LEM MER PIE	1/2 SLICE	LEM MER PIE	1 SLICE	MAND ORANGES	1/2 CUP
APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
GLZD BKD HAM	4.5 OZ	BK GLZ HM GR	4.5 OZ	BK GLZ HM PU	#8 SCOOP	GLZD BKD HAM	4.5 OZ	PORK ROAST	3 OZ	GLZD BKD HAM	4.5 OZ	BK GLZ HM CUT	4.5 OZ
MASH POTATO	1/2 CUP	MASH POTATO	1/2 CUP	MSH POT/GRAVY	1/2 CUP	MASH POTATO	1/2 CUP	SPIRAL PASTA	1/2 CUP	MASH POTATO	1/2 CUP	SSN POT WEDG	1/2 CUP
GRAVY	2 OZ	GRAVY	2 OZ	GRAVY	2 OZ	GRAVY	2 OZ	No		GRAVY	2 OZ	No	
WISCONSN VEG	1/2 CUP	CREAM CORN	1/2 CUP	CORN PU	1 EACH	WISCONSN VEG	1/2 CUP	WISCONSN VEG	1/2 CUP	WISCONSN VEG	1/2 CUP	WISCONSN VEG	1/2 CUP

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup

Week 1 Day 1

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>DINNER</b>													
CR CHIC SOUP	3/4 CUP	CR CHK SP GR	3/4 CUP	CR CHK SP PU	#6 SCOOP	CR CHIC SOUP	3/4 CUP	No		CR CHIC SOUP	3/4 CUP	CR CHIC SOUP	3/4 CUP
BRTWRST PTY	3 OZ	BRTWRT PT GR	2 OZ	BRATWURST PU	#8 SCOOP	BRTWRST PTY	3 OZ	HMBRGR PTY	3 OZ	HMBRGR PTY	3 OZ	BRTWRST PTY	3 OZ
HMBURGER BUN	1 EACH	HGB BUN/MRGN	1 EACH	HAMB BUN PU	#8 SCOOP	HMBURGER BUN	1 EACH	HMBURGER BUN	1 EACH	HMBURGER BUN	1 EACH	HMBURGER BUN	1 EACH
GERM POT SLD	1/2 CUP	GMN PT SLD GR	1/2 CUP	GMN PT SLD PU	#16 SCOOP	GERM POT SLD	1/2 CUP	SPIRAL PASTA	1/2 CUP	GERM POT SLD	1/2 CUP	POTATO SLICES	1/2 CUP
LETTUCE/TOMA	2LF-2SL	SHRED LETTUC	1 OZ	VEG JUICE	1/2 CUP	LETTUCE/TOMA	2LF-2SL	LETTUCE LEAF	1 LEAF	LETTUCE/TOMA	2LF-2SL	LETTUCE/TOMA	2LF-2SL
ONION RNGLT	1 EACH	No		No		ONION RNGLT	1 EACH	ONION RNGLT	1 EACH	ONION RNGLT	1 EACH	ONION RNGLT	1 EACH
FSH FRUIT CP	1/2 CUP	CHIL PEACHES	1/2 CUP	CHL PEACHS PU	#12 SCOOP	FSH FRUIT CP	1/2 CUP	CHIL PEACHES	1/2 CUP	FSH FRUIT CP	1/2 CUP	FSH FRUIT CP	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
<b>Alternates</b>													
EGG SAL CR	3OZ/2SL	EGG SAL CR	3OZ/2SL	EGG SAL CR PU	2 #8 SCOOPS	EGG SAL CR	3OZ/1SL	EGG SAL CR	3OZ/2SL	EGG SAL CR	3OZ/2SL	EGG SAL CR	3OZ/2SL

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup	8 oz Ladle/Spoodle	1 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup		

Week 1 Day 2

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>BREAKFAST</b>													
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP
SCRM EGGS	1/4 CUP	SCRM EGGS	1/4 CUP	SCRM EGGS	1/4 CUP	SCRM EGGS	1/4 CUP	SCRM EGGS	1/4 CUP	SCRM EGGS	1/4 CUP	SCRM EGGS	1/4 CUP
CRND BEEF HSH	1/3 CUP	CRN BF HSH GR	1/3 CUP	CRN BF HSH PU	#8 SCOOP	CRND BEEF HSH	1/3 CUP	No		CRND BEEF HSH	1/3 CUP	BOILED EGG	1 EACH
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL PU	#8 SCOOP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP
BRAN MUFFIN	1 EACH	BRN MUFF/MARG	1 EACH	BRAN MUF PU	#10 SCOOP	BRAN MUFFIN	1/2 EACH	WHITE TOAST	1 SLICE	BRAN MUFFIN	1 EACH	BRAN MUFFIN	1 EACH
FSH FRUIT CP	1/2 CUP	CHIL PEACHES	1/2 CUP	CHL PEACHS PU	#12 SCOOP	FSH FRUIT CP	1/2 CUP	CHIL PEACHES	1/2 CUP	FSH FRUIT CP	1/2 CUP	FSH FRUIT CP	1/2 CUP
<b>LUNCH</b>													
SWED MEATBL	3 EACH	SWED MTBL GR	3 EACH	SWED MTBL PU	#8 SCOOP	SWED MEATBL	3 EACH	MEATBALLS	3 EACH	SWED MEATBL	3 EACH	SWED MEATBL	3 EACH
PRSLY NOODLS	1/2 CUP	PRSLY NOODLS	1/2 CUP	PRSL NDL PU	#10 SCOOP	PRSLY NOODLS	1/2 CUP	PRSLY NOODLS	1/2 CUP	PRSLY NOODLS	1/2 CUP	PSLY NDL CHOP	1/2 CUP
GR BEANS AMN	1/2 CUP	GREEN BEANS	1/2 CUP	GREEN BNS PU	#16 SCOOP	GR BEANS AMN	1/2 CUP	GREEN BEANS	1/2 CUP	GR BEANS AMN	1/2 CUP	GR BEANS AMN	1/2 CUP
FRUIT CRISP	#8 SCOOP	SFT MST CKIE	1 EACH	COOKIE PU	#16 SCOOP	FRUIT CRISP	#16 SCOOP	FRUIT CRISP	#8 SCOOP	FRUIT CRISP	#8 SCOOP	APPLE SLI CND	1/2 CUP
CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
BAKED COD	4 OZ	BAKED COD GR	4 OZ	BAKED COD PU	#8 SCOOP	BAKED COD	4 OZ	BAKED COD	3 OZ	BAKED COD	4 OZ	BAKED COD	4 OZ
SN RCE PILAF	1/2 CUP	SN RCE PILAF	1/2 CUP	SN RC PIL PU	#8 SCOOP	SN RCE PILAF	1/2 CUP	WHITE RICE	1/2 CUP	SN RCE PILAF	1/2 CUP	PRSLY NOODLS	1/2 CUP
PCFC BLD VGT	1/2 CUP	PCFC BLD VGT	1/2 CUP	PCFC BL VG PU	#12 SCOOP	PCFC BLD VGT	1/2 CUP	PCFC BLD VGT	1/2 CUP	PCFC BLD VGT	1/2 CUP	PCFC BLD VGT	1/2 CUP

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup	8 oz Ladle/Spoodle	1 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup		

Week 1 Day 2

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>DINNER</b>													
HAM BEAN SP	1 CUP	HM BEAN SP GR	1 CUP	HAM BN SP PU	#6 SCOOP	HAM BEAN SP	1 CUP	No		HAM BEAN SP	1 CUP	HAM BEAN SP	1 CUP
CHK SAL SND	3OZ/2SL	CK SAL SND GR	3OZ/2SL	CK SAL SND PU	2 #10 SCOOPS	CHK SAL SND	3OZ/1SL	CHK SAL SND	3OZ/2SL	CHK SAL SND	3OZ/2SL	CHK SAL SND	3OZ/2SL
3 BEAN SALAD	1/2 CUP	GREEN BEANS	1/2 CUP	GREEN BNS PU	#16 SCOOP	3 BEAN SALAD	1/2 CUP	SPIRAL PASTA	1/2 CUP	3 BEAN SALAD	1/2 CUP	GREEN BEANS	1/2 CUP
BROWNIE	SQ2X3	BROWNIE	SQ2X3	BROWNIE PU	#10 SCOOP	BROWNIE	1/2 SQ2X3	SUGAR COOKIE	1 EACH	BROWNIE	SQ2X3	BROWNIE	SQ2X3
LETTUCE/TOMA	2LF-2SL	SHRED LETTUC	1 OZ	VEG JUICE	1/2 CUP	LETTUCE/TOMA	2LF-2SL	LETTUCE LEAF	1 LEAF	LETTUCE/TOMA	2LF-2SL	LETTUCE/TOMA	2LF-2SL
COFFEE/TEA	1 CUP	COFFEE/TEA	1 CUP	COFFEE/TEA	1 CUP	COFFEE/TEA	1 CUP	No		COFFEE/TEA	1 CUP	COFFEE/TEA	1 CUP
MILK	1/2 CUP	MILK	1/2 CUP	MILK	1/2 CUP	MILK	1/2 CUP	No		MILK	1/2 CUP	MILK	1/2 CUP
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
<b>Alternates</b>													
CH RAV MAR	8 OZ	CH RAV MAR	8 OZ	CHSE RAV PU	2 #8 SCOOPS	CH RAV MAR	8 OZ	CH RAV NO SCE	3 OZ	CH RAV MAR	8 OZ	CH RAV MAR	8 OZ

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup
								8 oz Ladle/Spoodle	1 cup

Week 1 Day 3

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>BREAKFAST</b>													
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP
SCRM EGGS	1/4 CUP	SCRM EGGS	1/4 CUP	SCRM EGGS	1/4 CUP	SCRM EGGS	1/4 CUP	SCRM EGGS	1/4 CUP	SCRM EGGS	1/4 CUP	SCRM EGGS	1/4 CUP
BACON	2 SLICES	No		BACON PU	1 EACH	BACON	2 SLICES	No		No		BACON	2 SLICES
WHEAT TOAST	1 SLICE	WHE BRD/MARG	1 SLICE	WHEAT BRD PU	#16 SCOOP	WHEAT TOAST	1 SLICE	WHITE TOAST	1 SLICE	WHEAT TOAST	1 SLICE	WHEAT TOAST	1 SLICE
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL PU	#8 SCOOP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP
DONUT HOLES	3 EACH	DONUT HOLES	3 EACH	DONUT HO PU	#12 SCOOP	DONUT HOLES	2 EACH	DONUT HOLES	3 EACH	DONUT HOLES	3 EACH	DONUT HOLES	3 EACH
FRESH GRAPES	17 EACH	FRESH BANANA	1/2 EACH	BANANA PU	#10 SCOOP	FRESH GRAPES	17 EACH	FRESH GRAPES	17 EACH	FRESH GRAPES	17 EACH	FRESH GRAPES	17 EACH
<b>LUNCH</b>													
PORK ROAST	3 OZ	PRK ROAST GR	3 OZ	PRK ROAST PU	#8 SCOOP	PORK ROAST	3 OZ	PORK ROAST	3 OZ	PORK ROAST	3 OZ	PORK ROAST	3 OZ
FRSH BKD SQU	1/2 CUP	FRSH BKD SQU	1/2 CUP	FRSH BK SQ PU	#10 SCOOP	FRSH BKD SQU	1/2 CUP	SEA YEL SQSH	1/2 CUP	FRSH BKD SQU	1/2 CUP	SEA YEL SQSH	1/2 CUP
5 WAY VEG	1/2 CUP	GREEN BEANS	1/2 CUP	GREEN BNS PU	#16 SCOOP	5 WAY VEG	1/2 CUP	5 WAY VEG	1/2 CUP	5 WAY VEG	1/2 CUP	5 WAY VEG	1/2 CUP
CHRY TOP CK	SQ2X3	CHRY TOP CK	SQ2X3	CH TP P CK PU	#10 SCOOP	CHRY TOP CK	1/2 SQ2X3	CHRY TOP CK	SQ2X3	CHRY TOP CK	SQ2X3	CHILLED PEARS	1/2 CUP
APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
SALSBURY STK	3 OZ	SLSBRY STK GR	3 OZ	SLSBRY STK PU	#10 SCOOP	SALSBURY STK	3 OZ	SALSBURY STK	3 OZ	SALSBURY STK	3 OZ	SALSBURY STK	3 OZ
MSH POT FRSH	1/2 CUP	MSH POT FRSH	1/2 CUP	MS PT FRS/GRV	1/2 CUP	MSH POT FRSH	1/2 CUP	SPIRAL PASTA	1/2 CUP	MSH POT FRSH	1/2 CUP	POTATO PANCK	2 EACH
BRWN GRVY	2 OZ	BRWN GRVY	2 OZ	BRWN GRVY	2 OZ	BRWN GRVY	2 OZ	No		BRWN GRVY SF	2 OZ	BRWN GRVY	2 OZ
BROC CUTS	1/2 CUP	BROC CUTS	1/2 CUP	BROC CUTS PU	#12 SCOOP	BROC CUTS	1/2 CUP	BROC CUTS	1/2 CUP	BROC CUTS	1/2 CUP	BROC CUTS	1/2 CUP

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup	8 oz Ladle/Spoodle	1 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup		

Week 1 Day 3

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>DINNER</b>													
CRM TOM SOUP	1 CUP	CRM TOM SOUP	1 CUP	CRM TOM SOUP	1 CUP	CRM TOM SOUP	1 CUP	No		CRM TOM SOUP	1 CUP	CRM TOM SOUP	1 CUP
BCN CHSBRGR	3OZ/2SL	CHSBRGR GR	3OZ/2SL	CHSBRGR PU	2 #8 SCOOPS	CHEESBURGER	3OZ/2SL	HMBRGR/BN	3OZ/2SL	CHEESBURGER	3OZ/2SL	BCN CHSBRGR	3OZ/2SL
BAKED BEANS	1/2 CUP	BAKED BEANS	1/2 CUP	BKD BEANS PU	#10 SCOOP	BAKED BEANS	1/2 CUP	GREEN BEANS	1/2 CUP	BAKED BEANS	1/2 CUP	GREEN BEANS	1/2 CUP
BTRSC PD PRF	1/2 CUP	BTRSC PD PRF	1/2 CUP	BTRSC PD PRF	1/2 CUP	BTRSC PD PRF	1/2 CUP	BTRSC PD PRF	1/4 CUP	BTRSC PD PRF	1/2 CUP	PINEAP CUBE	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
<b>Alternates</b>													
HAM CHS MELT	3OZ/2SL	HM CHS SND GR	3OZ/2SL	HM CHS SND PU	2 #10 SCOOPS	HAM CHS MELT	3OZ/1SL	No		HAM CHS MELT	3OZ/2SL	HAM CHS MELT	3OZ/2SL

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup	8 oz Ladle/Spoodle	1 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup		

Week 1 Day 4

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>BREAKFAST</b>													
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP
SPN MSH STRTA	SQ3X3	SPN MSH STRTA	SQ3X3	SP MSH STR PU	#8 SCOOP	SPN MSH STRTA	SQ3X3	SCRM EGGS	1/4 CUP	SPN MSH STRTA	SQ3X3	Hard Boiled Egg	1 EACH
BLUBRRY MUFN	1 EACH	BLUBRRY MUFN	1 EACH	BLBRY MFN PU	#12 SCOOP	BLUBRRY MUFN	1 EACH	BLUBRRY MUFN	1 EACH	BLUBRRY MUFN	1 EACH	BLUBRRY MUFN	1 EACH
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	MILK	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	COFFEE	1 CUP
<b>Alternates</b>													
HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL PU	#8 SCOOP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP
COT CH W/FRT	1 EACH	COT CH W/FRT	1 EACH	CT CH FR PU	#8 SCOOP	COT CH W/FRT	1 EACH	CANNED FRUIT	1/2 CUP	COT CH W/FRT	1 EACH	SL CHS FRUIT	1 EACH
<b>LUNCH</b>													
BF POT ROAST	4.5 OZ	BF POT RST GR	4.5 OZ	BF POT RST PU	#6 SCOOP	BF POT ROAST	4.5 OZ	GRLD CHK	3 OZ	BF POT ROAST	4.5 OZ	BF POT ROAST	4.5 OZ
MS PT FRS/GRV	1/2 CUP	MS PT FRS/GRV	1/2 CUP	MS PT FRS/GRV	1/2 CUP	MS PT FRS/GRV	1/2 CUP	MS PT FRS/GRV	1/2 CUP	MS PT FRS/GRV	1/2 CUP	BKD POT WEDG	1/2 CUP
CELRY CARROT	1/2 CUP	SEAS CARROTS	1/2 CUP	SEA CARROT PU	#16 SCOOP	CELRY CARROT	1/2 CUP	CELRY CARROT	1/2 CUP	CELRY CARROT	1/2 CUP	CELRY CARROT	1/2 CUP
COOKIE	1 EACH	SFT MST CKIE	1 EACH	COOKIE PU	#16 SCOOP	COOKIE	1 EACH	COOKIE	1 EACH	COOKIE	1 EACH	COOKIE	1 EACH
CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
FET ALF CHKN	11 OZ	FT ALF CHK GR	11 OZ	FT ALF CHK PU	2 #6 SCOOPS	FET ALF CHKN	11 OZ	CHK BRST	3 OZ	FET ALF CHKN	11 OZ	CHK BRST	3 OZ
BRUSS SPROUT	1/2 CUP	BRUSS SPROUT	1/2 CUP	BRSL SPRT PU	#12 SCOOP	BRUSS SPROUT	1/2 CUP	BROC CUTS	1/2 CUP	BRUSS SPROUT	1/2 CUP	BRUSS SPROUT	1/2 CUP

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup	8 oz Ladle/Spoodle	1 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup		

Week 1 Day 4

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>DINNER</b>													
CAUL CHS SUP	3/4 CUP	CAUL CHS SUP	3/4 CUP	CAL CH SP PU	#6 SCOOP	CAUL CHS SUP	3/4 CUP	STRCH CHC RNL	1/2 CUP	CAUL CHS SUP	3/4 CUP	CAUL CHS SUP	3/4 CUP
PULLED PORK	3 OZ	PULLD PRK GR	3 OZ	PULLD PRK PU	#8 SCOOP	PULLED PORK	3 OZ	PULLED PORK	3 OZ	PULLED PORK	3 OZ	PULLED PORK	3 OZ
HMBURGER BUN	1 EACH	HBG BUN/MRGN	1 EACH	HAMB BUN PU	#8 SCOOP	HMBURGER BUN	1 EACH	HMBURGER BUN	1 EACH	HMBURGER BUN	1 EACH	HMBURGER BUN	1 EACH
COLE SLAW	1/2 CUP	COLE SLW CHOP	1/2 CUP	COL SLAW PU	#10 SCOOP	COLE SLAW	1/2 CUP	CHL BABY CAR	1/2 CUP	COLE SLAW	1/2 CUP	CHL BABY CAR	1/2 CUP
FRUIT GELATN	1/2 CUP	FRUIT GELATN	1/2 CUP	FRUIT GEL PU	#8 SCOOP	FRUIT GELATN	1/2 CUP	FRUIT GELATN	1/2 CUP	FRUIT GELATN	1/2 CUP	GELATN CUBES	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
<b>Alternates</b>													
FISH SND	2OZ/2SL	FISH SND GR	2OZ/2SL	FISH SND PU	2 #8 SCOOPS	FISH SND	2OZ/1SL	FISH SND	2OZ/2SL	FISH SND	2OZ/2SL	FISH SND	2OZ/2SL

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup	8 oz Ladle/Spoodle	1 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup		



Week 1 Day 5

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>BREAKFAST</b>													
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP
SCRMBLE EGG	1/4 CUP	SCRMBLE EGG	1/4 CUP	SCRMB EGG PU	#16 SCOOP	SCRMBLE EGG	1/4 CUP	SCRMBLE EGG	1/2 CUP	SCRMBLE EGG	1/4 CUP	Hard Boiled Egg	1 EACH
HASHBRWNS	1/2 CUP	HSHBRN SOFT	1/2 CUP	MASH POTATO	1/2 CUP	HASHBRWNS	1/2 CUP	No		HASHBRWNS	1/2 CUP	HSHBRN PATTY	1 EACH
RAISIN TOAST	1 SLICE	BREAD/MARG	1 SLICE	BRD SPD PU	#16 SCOOP	RAISIN TOAST	1 SLICE	TOAST	1 SLICE	RAISIN TOAST	1 SLICE	RAISIN TOAST	1 SLICE
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL PU	#8 SCOOP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP
BKD FR TOAST	1 SLICE	BKD FR TOAST	1 SLICE	FR TST/BER PU	2 #10 SCOOPS	BKD FR TOAST	1 SLICE	TOAST	1 SLICE	BKD FR TOAST	1 SLICE	FR TS/BER CUT	1 SLICE
<b>LUNCH</b>													
ROAST TKY WH	3 OZ	RST TRK GR	3 OZ	RST TRK PU	#8 SCOOP	ROAST TKY WH	3 OZ	ROAST TURKEY	3 OZ	ROAST TKY WH	3 OZ	ROAST TKY WH	3 OZ
CND SW POT	1/2 CUP	CND SW POT	1/2 CUP	CND SW POT PU	#8 SCOOP	SWEET POTATO	1/2 CUP	SPIRAL PASTA	1/2 CUP	CND SW POT	1/2 CUP	SW POT CUT	1/2 CUP
GREEN PEAS	1/2 CUP	GREEN PEAS	1/2 CUP	PEAS PU	1 EACH	GREEN PEAS	1/2 CUP	GREEN PEAS	1/2 CUP	GREEN PEAS	1/2 CUP	GREEN PEAS	1/2 CUP
CRANBERRY SAU	1/4 CUP	CRANBERRY SAU	1/4 CUP	CRAN SC PU	#16 SCOOP	No		CRANBERRY SAU	1/4 CUP	CRANBERRY SAU	1/4 CUP	CRANBERRY SAU	1/4 CUP
CHCAKE W/TOP	1 SLICE	CHCAKE W/TOP	1 SLICE	CHCK W/TP PU	#8 SCOOP	CHEESECAKE	1/2 SLICE	FR APPLE SLI	6 SLICES	CHCAKE W/TOP	1 SLICE	FR APPLE SLI	6 SLICES
APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
CHEF SALAD	1 EACH	DELI SAND GR	3OZ/2SL	DELI SAND PU	2 #8 SCOOPS	CHEF SALAD	1 EACH	DELI SANDWCH	3OZ/2SL	CHEF SALAD	1 EACH	DELI SANDWCH	3OZ/2SL
ASST ROLLS	1 EACH	No		No		ASST ROLLS	1 EACH	No		ASST ROLLS	1 EACH	No	

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup	8 oz Ladle/Spoodle	1 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup		

Week 1 Day 5

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>DINNER</b>													
MINESTRNE SP	3/4 CUP	MNSTRN SP GR	3/4 CUP	MNSTRN SP PU	#6 SCOOP	MINESTRNE SP	3/4 CUP	STRCH CHC RNL	1/2 CUP	MINESTRNE SP	3/4 CUP	MINESTRNE SP	3/4 CUP
HT RST BF SN	3OZ/2SL	H RS BF SN GR	3OZ/2SL	H RS BF SN PU	2 #8 SCOOPS	HOT RST BF SN	3OZ/1SL	HT RB SN N/GV	3OZ/2SL	HT RST BF SN	3OZ/2SL	HT RST BF SN	3OZ/2SL
CUC DILL SLD	1/2 CUP	CUC SLD CHOP	1 CUP	CUCMBR SLD PU	#12 SCOOP	CUC DILL SLD	1/2 CUP	CUC DILL SLD	1/2 CUP	CUC DILL SLD	1/2 CUP	CCMBR SLICES	1/2 CUP
FRUIT FLUFF	1/2 CUP	APPLESAUCE	1/2 CUP	APPLESAUCE	1/2 CUP	FRUIT FLUFF	1/2 CUP	FRUIT FLUFF	1/2 CUP	FRUIT FLUFF	1/2 CUP	CHL FRT CKTL	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
<b>Alternates</b>													
TRK SAL SND	3OZ/2SL	TKY SAL SN GR	2OZ/2SL	TKY SAL SN PU	#6 SCOOP	TKY SAL SN	3OZ/1SL	TKY SAL SN	3OZ/1SL	TRK SAL SND	3OZ/2SL	TRK SAL SND	3OZ/2SL

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup	8 oz Ladle/Spoodle	1 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup		

Week 1 Day 6

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>BREAKFAST</b>													
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP
CHS OMELET	1 EACH	CHS OMELET	1 EACH	CHS OMELET PU	#8 SCOOP	CHS OMELET	1 EACH	SCRM EGGS	3/4 CUP	CHS OMELET	1 EACH	CHS OMLET CUT	1 EACH
WHEAT TOAST	1 SLICE	WHE BRD/MARG	1 SLICE	WHEAT BRD PU	#16 SCOOP	WHEAT TOAST	1 SLICE	WHITE TOAST	1 SLICE	WHEAT TOAST	1 SLICE	WHEAT TOAST	1 SLICE
FRUIT CUP	1/2 CUP	DICED PEARS	1/2 CUP	DICE PEARS PU	#12 SCOOP	FRUIT CUP	1/2 CUP	DICED PEARS	1/2 CUP	FRUIT CUP	1/2 CUP	FRUIT CUP	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL PU	#8 SCOOP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP
CRNBRY NT BR	1 SLICE	BREAD/MARG	1 SLICE	BRD SPD PU	#16 SCOOP	CRNBRY NT BR	1/2 SLICE	No		CRNBRY NT BR	1 SLICE	CRNBRY NT BR	1 SLICE
<b>LUNCH</b>													
PRM CRST TLP	5 OZ	PRM CR TLP GR	#8 SCOOP	PRM CR TLP PU	#6 SCOOP	PRM CRST TLP	5 OZ	PRM CRST TLP	5 OZ	PRM CRST TLP	5 OZ	PRM CRST TLP	5 OZ
RICE PILAF	1/2 CUP	RICE PILAF	1/2 CUP	RCE PILAF PU	#8 SCOOP	RICE PILAF	1/2 CUP	WHITE RICE	1/2 CUP	RICE PILAF	1/2 CUP	SPIRAL PASTA	1/2 CUP
GREEN BEANS	1/2 CUP	GREEN BEANS	1/2 CUP	GREEN BNS PU	#16 SCOOP	GREEN BEANS	1/2 CUP	GREEN BEANS	1/2 CUP	GREEN BEANS	1/2 CUP	GREEN BEANS	1/2 CUP
CINMN APPLES	1/2 CUP	CINMN APPLES	1/2 CUP	CINM APL PU	#12 SCOOP	CINMN APPLES	1/2 CUP	CINMN APPLES	1/2 CUP	CINMN APPLES	1/2 CUP	CINMN APPLES	1/2 CUP
CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP	CRANBRY JCE	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
MEATLOAF SND	3OZ/2SL	MEATLF SN GR	3OZ/2SL	MEATLF SND PU	2 #8 SCOOPS	MEATLOAF SND	3OZ/1SL	MEATLOAF SND	3OZ/1SL	MEATLOAF SND	3OZ/2SL	MEATLOAF SND	3OZ/2SL
ITALIAN VEG	1/2 CUP	ITALIAN VEG	1/2 CUP	ITALN VEG PU	#16 SCOOP	ITALIAN VEG	1/2 CUP	ITALIAN VEG	1/2 CUP	ITALIAN VEG	1/2 CUP	ITALIAN VEG	1/2 CUP

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup

Week 1 Day 6

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>DINNER</b>													
TORTELN SOUP	1 CUP	TORTELN SOUP	1 CUP	TORTELN SOUP	1 CUP	TORTELN SOUP	1 CUP	No		TORTELN SOUP	1 CUP	TORTELN SOUP	1 CUP
SEAFD SAL SND	3OZ/2SL	SFD SAL SN GR	3OZ/2SL	SFD SAL SN PU	2 #8 SCOOPS	SEAFD SAL SND	3OZ/1SL	SEAFD SAL SND	3OZ/2SL	SEAFD SAL SND	3OZ/2SL	SEAFD SAL SND	3OZ/2SL
BABY BEET SLD	1/2 CUP	BEET SALAD	1/2 CUP	BEET SLD PU	#16 SCOOP	BABY BEET SLD	1/2 CUP	GREEN BEANS	1/2 CUP	BABY BEET SLD	1/2 CUP	GREEN BEANS	1/2 CUP
ICE CREAM	1/2 CUP	ICE CREAM	1/2 CUP	ICE CREAM	1/2 CUP	ICE CREAM	1/2 CUP	ICE CREAM	1/2 CUP	ICE CREAM	1/2 CUP	ICE CREAM SW	1 EACH
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
<b>Alternates</b>													
CK RICE CASS	6 OZ	CK RCE CAS GR	6 OZ	CK RCE CAS PU	#6 SCOOP	CK RICE CASS	6 OZ	CK RCE CAS SF	6 OZ	CK RICE CASS	6 OZ	BKD CHICKEN	2 OZ

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup	8 oz Ladle/Spoodle	1 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup		

Week 1 Day 7

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>BREAKFAST</b>													
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP	CLD CEREAL GF	3/4 CUP
SAUSAGE LINK	2 EACH	SAUSG LNK GR	2 EACH	SAUSAGE PU	1 EACH	SAUSAGE LINK	2 EACH	EGG	1/2 CUP	SAUSAGE LINK	2 EACH	SAUSAGE LINK	2 EACH
PANCAKES	2 EACH	PANCAKES	2 EACH	PANCAKES PU	#8 SCOOP	PANCAKES	1 EACH	TOAST	1 SLICE	PANCAKES	2 EACH	PANCAKES CUT	2 EACH
STRBRY TOPP	1 OZ	STRBRY TOPP	1 OZ	STRBRY TP PU	#30 SCOOP	SEA BERRIES	1/2 CUP	STRWBERRIES	1/2 CUP	STRBRY TOPP	1 OZ	STRWBERRIES	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL PU	#8 SCOOP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP	HOT CEREAL	1/2 CUP
FRESH BANANA	1/2 EACH	FRESH BANANA	1/2 EACH	BANANA PU	#16 SCOOP	FRESH BANANA	1/2 EACH	FRESH APPLE	1 EACH	FRESH BANANA	1/2 EACH	FRESH BANANA	1/2 EACH
COFFEE CAKE	SQ2X3	COFFEE CAKE	SQ2X3	COFFEE CK PU	#10 SCOOP	DIET DESSERT	SQ2X3	No		COFFEE CAKE	SQ2X3	COFFEE CAKE	SQ2X3
<b>LUNCH</b>													
LASAGNA	12 OZ	LASAGNA GR	12 OZ	LASAGNA PU	2 #6 SCOOPS	LASAGNA	12 OZ	LASAGNA	12 OZ	LASAGNA	12 OZ	HMBRGR/BN	3OZ/2SL
GARLIC BREAD	1 SLICE	BREAD/MARG	1 SLICE	GARLC BRD PU	#16 SCOOP	GARLIC BREAD	1 SLICE	GARLIC BREAD	1 SLICE	GARLIC BREAD	1 SLICE	GARLIC BREAD	1 SLICE
CORN	1/2 CUP	CREAM CORN	1/2 CUP	CORN PU	1 EACH	CORN	1/2 CUP	CORN	1/2 CUP	CORN	1/2 CUP	CORN ON COB	1 EACH
TSS GRDN SAL	1 CUP	SHRD LETTUCE	1/2 CUP	VEG JUICE	1/2 CUP	TSS GRDN SAL	1 CUP	TS GDN SL RNL	1 CUP	TSS GRDN SAL	1 CUP	CRT STK/DRSG	1/2 CUP
FROSTED CAKE	SQ2X3	FROSTED CAKE	SQ2X3	FRSTD CKE PU	#8 SCOOP	FROSTED CAKE	1/2 SQ2X3	FROSTED CAKE	1/2 SQ2X3	FROSTED CAKE	SQ2X3	FROSTED CAKE	SQ2X3
APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP	APPLE JUICE	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
<b>Alternates</b>													
SW SOUR PORK	6 OZ	SW SR PRK GR	5 OZ	SW SR PRK PU	#8 SCOOP	SW SOUR PORK	6 OZ	PORK CUBES	2 OZ	SW SOUR PORK	6 OZ	PORK CUBES	2 OZ
BROWN RICE	1/2 CUP	BROWN RICE	1/2 CUP	BROWN RICE PU	#8 SCOOP	BROWN RICE	1/2 CUP	WHITE RICE	1/2 CUP	BROWN RICE	1/2 CUP	SPIRAL PASTA	1/2 CUP
ORIENTAL VEG	1/2 CUP	BROC CUTS	1/2 CUP	BROC CUTS PU	#12 SCOOP	ORIENTAL VEG	1/2 CUP	ORIENTAL VEG	1/2 CUP	ORIENTAL VEG	1/2 CUP	ORIENTAL VEG	1/2 CUP

Dietary Manager \_\_\_\_\_ Approval Date \_\_\_\_\_ Dietary Consultant \_\_\_\_\_ Approval Date \_\_\_\_\_

Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size	Scoop	Size
No. 6 Scoop	6 oz	No. 10 Scoop	3-4 oz	No. 16 Scoop	2-2 1/4 oz	2 oz Ladle/Spoodle	1/4 cup	4 oz Ladle/Spoodle	1/2 cup	8 oz Ladle/Spoodle	1 cup
No. 8 Scoop	4-5 oz	No. 12 Scoop	2 1/2-3 oz	No. 30 Scoop	1-1 1/2 oz	3 oz Ladle/Spoodle	1/3 cup	6 oz Ladle/Spoodle	3/4 cup		

Week 1 Day 7

GENERAL		MECH SOFT		PUREE		DIABETIC		RENAL		NAS		FGRFD	
<b>DINNER</b>													
CHK VEG SOUP	3/4 CUP	CHK VEG SP GR	3/4 CUP	CHK VEG SP PU	#6 SCOOP	CHK VEG SOUP	3/4 CUP	STRCH CHC RNL	1/2 CUP	CHK VEG SOUP	3/4 CUP	CHK VEG SOUP	3/4 CUP
POLSH SAU BUN	2OZ/2SL	POL SAU BN GR	2OZ/2SL	POL SAUSG PU	#8 SCOOP	POLSH SAU BUN	2OZ/1SL	PRK ROAST/BN	2OZ/2SL	POLSH SAU BUN	2OZ/2SL	POLSH SAU BUN	2OZ/2SL
SAUERKRAUT	1/2 CUP	STMD CABBAGE	1/2 CUP	STM CABBG PU	#8 SCOOP	SAUERKRAUT	1/2 CUP	STMD CABBAGE	1/2 CUP	SAUERKRAUT	1/2 CUP	STMD CABBAGE	1/2 CUP
FSH FRUIT CP	1/2 CUP	CHIL PEACHES	1/2 CUP	CHL PEACHS PU	#12 SCOOP	FSH FRUIT CP	1/2 CUP	CHIL PEACHES	1/2 CUP	FSH FRUIT CP	1/2 CUP	FSH FRUIT CP	1/2 CUP
COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1 CUP	COFFEE	1/2 CUP	COFFEE	1 CUP	COFFEE	1 CUP
MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	MILK	1 CUP	No		MILK	1 CUP	MILK	1 CUP
JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP	RENAL JCE CHC	1/2 CUP	JUICE CHOICE	1/2 CUP	JUICE CHOICE	1/2 CUP
<b>Alternates</b>													
CHK TNR	3 EACH	CHK TNR GR	3 EACH	CHK TNRS PU	#8 SCOOP	CHK TNR	3 EACH	BKD CHK	3 OZ	CHK TNR	3 EACH	CHK TNR	3 EACH

Dietary Manager _____		Approval Date _____		Dietary Consultant _____		Approval Date _____	
<b>Scoop</b>	<b>Size</b>	<b>Scoop</b>	<b>Size</b>	<b>Scoop</b>	<b>Size</b>	<b>Scoop</b>	<b>Size</b>
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						4 oz Ladle/Spoodle	1/2 cup
						6 oz Ladle/Spoodle	3/4 cup
						8 oz Ladle/Spoodle	1 cup