

**Week 4  
Regular**

**St. Mary's at Felician Village  
SMH FW 18/19**

**Week at a Glance**

<b>Sunday</b> 22	<b>Monday</b> 23	<b>Tuesday</b> 24	<b>Wednesday</b> 25	<b>Thursday</b> 26	<b>Friday</b> 27	<b>Saturday</b> 28
Oct-21	Oct-22	Oct-23	Oct-24	Oct-25	Oct-26	Oct-27
<b>BREAKFAST</b>						
JUICE OF CHOICE COLD CEREAL OF CHOICE GF SAUSAGE GRAVY BUTTERMILK BISCUITS FRESH FRUIT COFFEE MILK	JUICE OF CHOICE COLD CEREAL OF CHOICE GF SCRAMBLED EGGS CORNED BEEF HASH COFFEE MILK	JUICE OF CHOICE COLD CEREAL OF CHOICE GF SCRAMBLED EGGS BACON WHEAT TOAST COFFEE MILK	JUICE OF CHOICE COLD CEREAL OF CHOICE GF SPINACH MUSHROOM STRATA BLUEBERRY MUFFIN COFFEE MILK	JUICE OF CHOICE COLD CEREAL OF CHOICE GF SCRAMBLED EGGS HASHBROWN POTATOES RAISIN TOAST COFFEE MILK	JUICE OF CHOICE COLD CEREAL OF CHOICE GF CHEESE OMELET WHEAT TOAST FRUIT CUP COFFEE MILK	JUICE OF CHOICE COLD CEREAL OF CHOICE GF SAUSAGE LINKS PANCAKES STRAWBERRY TOPPING COFFEE MILK
<b>Alternates</b>						
HOT CEREAL OF CHOICE FRUITED YOGURT WHEAT TOAST	HOT CEREAL OF CHOICE BRAN MUFFIN FRESH FRUIT CUP	HOT CEREAL OF CHOICE DONUT HOLES FRESH GRAPES	HOT CEREAL OF CHOICE COTTAGE CHEESE W/FRUIT	HOT CEREAL OF CHOICE BAKED FRENCH TOAST W/BERRIES	HOT CEREAL OF CHOICE CRANBERRY NUT BREAD	HOT CEREAL OF CHOICE FRESH BANANA COFFEE CAKE
<b>LUNCH</b>						
RING BOLOGNA HASHBROWN POTATOES GREEN & GOLD BEANS FRUIT SALAD APPLE JUICE COFFEE MILK	BEEF POT ROAST BOWTIES PEAS AND CARROTS PEACH PIE CRANBERRY JUICE COFFEE MILK	MEATLOAF MASHED POTATOES/GRAVY SEASONED ASPARAGUS WHITE LAYER CAKE APPLE JUICE COFFEE MILK	BAKED LIVER AND ONIONS PARSLIED RED POTATOES DICED BEETS BUTTERSCOTCH PUDDING PARFAIT CRANBERRY JUICE COFFEE MILK	SAVORY ROASTED CHICKEN BREAD STUFFING ROASTED WINTER SQUASH FROSTED CHOCOLATE CAKE APPLE JUICE COFFEE MILK	BAKED SALMON DIJON DILL SAUCE BROWN RICE PILAF GARDEN BLEND VEGETABLES APPLE PIE APPLE JUICE COFFEE MILK	COUNTRY STYLE RIBS HONEY ROASTED SWEET POTATOES CORN O'BRIEN W/BACON PISTACHIO DESSERT CRANBERRY JUICE COFFEE MILK
<b>Alternates</b>						
TURKEY POT PIE STEAMED BROCCOLI	CHICKEN STIR FRY STEAMED RICE JAPANESE VEGETABLES	BAKED HADDOCK QUINOA PILAF FRESH ZUCCHINI	CHICKEN AND PASTA ALFREDO ITALIAN VEGETABLES	BEEF STROGANOFF NOODLES BRUSSELS SPROUTS	CHEF SALAD DELUXE ASSORTED DINNER ROLL	ROAST TURKEY MASHED POTATOES/GRAVY GARDEN BLEND VEGETABLES
<b>DINNER</b>						
BROCCOLI CHEESE SOUP MACARONI CHEESE & HAM CORN ASSORTED COOKIES COFFEE MILK JUICE OF CHOICE	CHICKEN VEGETABLE SOUP HOT TURKEY SANDWICH W/GRAVY DICED BEETS ORANGE DREAM BAR COFFEE MILK JUICE OF CHOICE	MEDITERRANEAN VEGETABLE SOUP CORNED BEEF & SWISS ON RYE GERMAN POTATO SALAD CREAMY FRUIT SALAD COFFEE MILK JUICE OF CHOICE	CREAM OF POTATO SOUP BEEF CHEDDAR SANDWICH CARROT RAISIN SALAD CHILLED PEACHES LETTUCE AND TOMATO COFFEE MILK JUICE OF CHOICE	CREAM OF SPINACH SOUP SUPREME PIZZA SHERBET COFFEE MILK JUICE OF CHOICE	CREAMY TOMATO BASIL SOUP CRAB SALAD CROISSANT MARINATED GREEN BEANS BANANA CREAM PUDDING COFFEE MILK JUICE OF CHOICE	CHILI CHICKEN FILET SANDWICH COLE SLAW COTTAGE CHEESE W/FRUIT COFFEE MILK JUICE OF CHOICE
<b>Alternates</b>						
CHICKEN SALAD CROISSANT	HAM SALAD SANDWICH	MEATBALL SUBMARINE	TUNA NOODLE CASSEROLE	TURKEY & CHEESE SANDWICH	TACO CASSEROLE	SWISS MUSHROOM BURGER