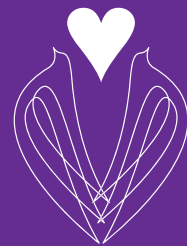


Go PURPLE this June!

Alzheimer's & Brain Awareness Month



Felician Village

Residents • Community • Employee

All of June

- FREE, Confidential Memory Screens. Schedule, 920-684-7171, ext. 351
- Several educational brain health articles including "10 Ways to Love Your Brain" available at felicianvillage.org
- Go Purple Menu! Brain health dietary items featured on resident menus and Village Café
- Featuring brain health activities campus-wide for residents

All week June 19-23

- Purple hard-boiled eggs in Village Café
- 1, 2, 3, 4...We Declare a Penny War on Alzheimers: Five employee teams will compete. Winners will receive a brain healthy sundae sponsored by the FV Wellness Committee. *More details to follow!*

Tuesday, June 13 • Virtual Dementia Tour *(Part of Caregiver College for the Community)*

3-5 p.m. • The Gardens at FV, 1700 S. 18th St., Mtwc.

Journey towards understanding and empathy by experiencing how it feels to have dementia.

Register, (920) 684-7171, ext. 329 or email, fvmarketing@felicianvillage.org

Beginning Tuesday, June 13 • Music & Movement *(8 week program for RESIDENTS)*

Tuesdays and Thursdays

10-10:25 a.m. - St. Francis residents • 10:35-11 a.m. - Villa Lakeside residents

Monday, June 19 • Healthy Living For Your Brain & Body

2-3 p.m. • FV Village Hall, 1635 S. 21st St., Mtwc.

Learn lifestyle habits that may help or even improve your brain health.

Register, (920) 684-7171, ext. 329 or email, fvmarketing@felicianvillage.org

Tuesday, June 20 • Alzheimer's Disease and Dementia Care

Part of Caregiver College for Professionals • Cost: \$99

8:30 a.m. - 5 p.m. • The Gardens at FV, 1700 S. 18th St., Mtwc.

Become certified through the National Council of Certified Dementia Practitioners. Provides knowledge and insight on dementia. Email cthimmig@felicianvillage.org for complete brochure.



Wednesday, June 21 "The Longest Day"

- Wear purple and Walk A Resident - Participants can wear jeans. Call Tim Reinemann to sign up, ext. 256
- Build your own yogurt bar with brain healthy toppings- \$4.95
FV Village Café
(\$1.00 per yogurt sold will be donated to the FV Walk to End ALZ Team)

**ALZHEIMER'S
& BRAIN**
awareness month

alzheimer's  association®

felicianvillage.org