



Felician Village

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For Immediate Release

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From: Jennifer Meyer, Housing & Marketing Manager (684-7171 Ext 361)

Headline: **Felician Village Offers Wellness Series**

The Gardens at Felician Village will hold a series of free presentations that focus on overall health and wellness. This series will feature guest speakers from various health care facilities who will present on topics such preventing falls, arthritis prevention, audiology and chiropractics.

This series will offer opportunities for the community to be educated on different topics regarding their health and wellness and will also promote healthy habits and encourage active lifestyles.

The following are the dates and titles of the presentations:

September 21: "Preventing Falls By Keeping Your Balance"

October 28: "Arthritis...Stop, Prevent, or Reverse it"

November 11: "Audiology"

December 16: "Rationale for Chiropractics"

All presentations are free, open to the public and will be held in the Glab Lounge at The Gardens at Felician Village, 1700 S. 18th Street, Manitowoc from 1:30 p.m. to 2:30 p.m. Seating is limited, registration is required. For more information or to register, please call 684-7171, ext. 255.