



Felician Village

The Gardens Gazette

The Resident Newsletter of The Gardens

1700 South 18th Street Manitowoc Wisconsin 54220-5652
www.felicianvillage.org

September 2010

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On Thursday, September 9, the second Crossroads of Compassion event was held at the Holiday Inn in Manitowoc. The first event was held in September 2008. Again this time, the event was very successful from both a friend-raising and fund-raising perspective. There were 160 guests at the event who heard about our mission and services from speakers Pat Kaldor, President/CEO; Sr. Julie Weckwerth, Vice President of Mission Integration, FSI; and Mike Lambert, Chairman of the Board, Felician Village. Also presenting was David Yanda who provided a testimonial regarding the care his parents receive. David's parents currently live at Felician Village.

Guests were also shown a 6-minute video that includes comments from many employees and shows scenes of employees interacting with residents. The video was very well received by the guests.

All guests were asked to consider making a donation to St. Mary's and they were given a pledge form for that purpose. While many people took the form to discuss a donation with their spouse or business partner, many others made a donation that morning. A total of \$82,840 was paid or pledged to St. Mary's before they left the event. Nearly \$4,000 has been donated since the event for a total to date of almost \$87,000! Based on the experience of the 2008 event, more donations are expected.

One of the benefits of the format of this event is that it provides a high return on the dollars donated. For every dollar spent on this event, we received over \$12 in donations. This is a factor that donors appreciate since they know that most of their donation is used for St. Mary's rather than the cost of the event. Final donation figures will be provided in the future.

Staff Makes Office Moves

If the person you are looking for is not in his or her office, it may be because they have moved. Please note the new office locations:

Darcy Wech, Director of Nursing: Near the elevator at the walkway entrance to St. Mary's.

Mark McLaughlin, Director of Marketing and Donor Development: In the

administrative wing of the Village Square.

Deb Kluba, Resident Assistant: Next door to her former office; now sharing with Jennifer Meyer.

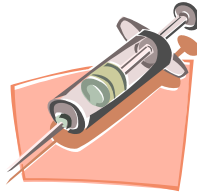


Reminder

Residents who subscribe to the Herald Times Reporter receive their newspapers on the table next to the mailboxes. Anyone who subscribes to the newspaper has their name labeled on the outside of the newspapers. Please only take the newspapers with your name on them.

If you do not subscribe to the newspaper, there is a complimentary copy in the library area that you may borrow to read. It must be returned to the library area immediately after you are finished reading it so that others may also have the opportunity to read it.

If you have any questions or concerns, please contact Jennifer Meyer at 684-7171, ext. 361.



Flu Vaccine Clinic

The Gardens at Felician Village will again offer flu vaccines for Gardens residents.

Vaccines will be given out Wednesday, October 13, from 9:00am - 12:30 pm in the Glab Lounge.

Please bring your Medicare card and/or your Medicare HMO card with you at the time you sign up. Sign up with Deb Kluba in the Gardens Office by October 11 if you want to have your flu shot this year.

Wellness Series Offered

A series of presentations focusing on health and wellness will be offered at The Gardens. The series will feature guest speakers from various health care facilities who will present on topics such as preventing falls, arthritis prevention, audiology and chiropractics.

The series offers opportunities for residents on the campus as well as community members to be educated on different topics regarding their health and wellness.

The following are the dates and titles of the presentations:

- * October 28: "Arthritis...Stop, Prevent, or Reverse it"
- * November 11: "Audiology"
- * December 16: "Rationale for Chiropractics"

All presentations are free, open to the public and will be held in the Glab Lounge from 1:30 p.m. to 2:30 p.m. Seating is limited, registration is required. For more information or to register, please call Jennifer Collins at 684-7171, ext. 255.

Demolition Photos

If you've had the chance to walk or drive around the block recently, you may have noticed the ongoing demolition of the Towers. Garden resident, Anne Howard, recently captured a few photos of this demolition in progress. They are shown below. Thank you Anne for sharing!



Baked and Canned Goods Sale

Mark McLaughlin



Employees and residents at Felician Village came out in full force to support “The Other Green Team’s” Baked and Canned Goods Sale on Wednesday, September 15.

More than 20 employees brought in pans, boxes and sheets of baked goods including salsa, pickles, relish and dilly beans. About a dozen volunteers, both employees and residents, helped at the sale

by setting out the goods and selling the goods and raffle tickets.

A total of \$535.65 was raised through the sale and raffle. The money will be used to support the employee garden at Felician Village.

The winner of the basket raffle was Mary Graczyk. Winning totes filled with canned goods were Jenny King and Priscilla DeBartolo.

Thanks to all who participated!

Resident Meeting



Do you want to stay informed on what is happening at The Gardens and on the rest of the campus? Then plan to attend the the resident meetings each month!

Each month updates are given by various staff members to the residents and the residents also have a chance to talk to management one on one. The past few resident meetings have been well attended and residents

have given great feedback to management. We encourage all residents to attend to stay informed. This is also a great opportunity for residents to get to know each other as well as staff a little better.

The next meeting will be held on Tuesday, October 19, 2010 and will be held in the Glab Lounge at 10:15 a.m. If you have any items you would like to add to the agenda, please see Jennifer Meyer. Hope to see you there!

President’s Column



Fall is the prime time for fund-raising. We kicked off this season with a very successful Crossroads of Compassion event involving guests from throughout Manitowoc County.

It’s fairly obvious that fund-raising is active on our campus, too. Recently, the Employee Annual Giving Committee held a bake sale and raffle. The United Way drive is well underway. Also, we will be conducting our annual Gift of Care direct mail campaign within a couple months.

The administrative team has discussed the fact that there seems to be so much all at once but that’s the nature of fund-raising. We do want to support our own cause and the United Way drive is a way we, as an organization and as individuals, can support many worthwhile agencies in our community.

I encourage you to consider the various requests for your participation and to evaluate if you are able to give, to which programs and who much.

At the same time, I realize that you need to make your own decision based on your situation. If you are not able to give at this time, do not feel obligated. There is not pressure to give if it is not the right time for you. Please consider what you can do and do what you can.

Thank you.

Contracture Management

Kelly Ullmer, OTR

A contracture is a structural change in the muscle tissue. The muscle tissue tightens and over time, active range of motion is lost. This loss can be permanent. Contractures occur in joint tissue such as hands, wrists, knees and hips.

Signs and symptoms of contractures usually involve muscle stiffness and pain with normal use. Eventually, loss of movement can occur. Early therapeutic intervention is imperative to stop the progression of a contracture.

Dupuytren's contracture is a thickening of the connective tissue in the hand. The fingers pull to the palm and are more difficult to move. This type of contracture is very gradual. Dupuytren's affects men more than women and those of Northern European and Scandinavian descent.

Contracture interventions include gentle stretching exercises designed by a therapist. These exercises encourage elongation and relaxation of the muscle tissue. Therapeutic massage performed by a therapist can also be helpful. Splints/braces can also be applied to gently stretch the muscle and to functionally position the involved joint. If all else fails, surgery is usually the last option.

If you or someone you know may be developing a contracture, talk with your doctor. Therapy may be recommended to help prevent contracture from progressing. The Felician Village therapists are happy to assist you. Call the therapy department at 684-7171, ext. 288 for more information.

Foot Clinic

When: Thursday, October 28th

**Please Call Deb Kluba at 684-7171, ext. 402
to schedule your appointment**

Mission: Felician Village continues the healing ministry of Jesus by providing compassionate care that respects the dignity of each person we serve.

Values: Dignity of Person

Compassionate Service

Justice

Responsiveness to Need with Commitment to the Poor

Transformation

Pearl of Wisdom

“We cannot do all that the world needs, but the world needs all that we can do.”

**Jana Stanfield
American Song-
writer and Singer**

Contact Info

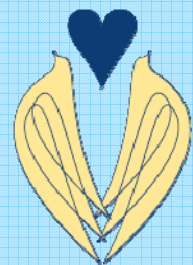
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Felician Village

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Felician Sisters